

DECLARATION OF INDEPENDENCE

In Congress 4th July, 1776.

...of the UNITED STATES
...assembled.

...it becomes necessary for a people to
...with another, and to
...as
...station to
...a decent respect
...the causes
...of separation.

...that all men are
...with equal
...rights, and that
...of these rights,
...life, liberty, and
...the pursuit of
...happiness, are
...unalienable;
...that to secure
...these rights,
...governments
...are instituted,
...amongst men,
...that their just
...powers are
...derived from
...the consent of
...the governed;
...that whenever
...any form of
...government
...becomes
...destructive to
...these ends,
...it is the right
...of the people to
...alter or to
...reform it, and
...to institute
...new government,
...laying its
...foundation on
...the most
...solid and
...most
...advantageous
...terms, and
...in the
...most
...peaceable
...and most
...orderly
...manner.

...whereby the legislative powers, incapable of annihilation, have returned to
...the people at large for their exercise; the state remaining in the mean time
...exposed to all the dangers of invasion from without, & convulsions within:
...he has endeavored to prevent the population of these States; for that purpose
...obstructing the laws for naturalization of foreigners; refusing to pass others
...to encourage their migrations hither; & raising the conditions of new
...appropriations of lands:

...he has suffered the administration of justice to totally cease in some of these
...States; by refusing his assent to laws for establishing judiciary powers;
...he has made our judges dependant on his will alone, for the tenure of their office,
...and a want of their salaries;
...he has erected a multitude of new offices [by a self-assumed power] & sent his
...swarms of officers to harass our people & eat out their substance;

...he has kept among us in times of peace, standing armies [without the consent of our
...legislature]

...he has affected to render the military independent of & superior to the civil powers:
...he has combined with others to subject us to a jurisdiction foreign to our constitutions
...and unacknowledged by our laws: giving his assent to their pretended acts
...of legislation, for quartering large bodies of armed troops among us,

...for protecting them by a mock-trial, from punishment for any murders
...which they should commit on the inhabitants of these States;

...for cutting off our trade with all parts of the world;

...for imposing taxes on us without our consent;

...for taking away from us, in the most insidious manner, the navigation of the
...waters connecting the most important parts of the continent;

...for imposing taxes on us beyond seas to be tried for pretended offences:

...for depriving us in many instances, of the benefits of trial by jury;

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...for suppressing every legislative
...determination, & depriving
...the people of their
...unalienable rights, he has
...among us, and has purchased
...by every means, the people up
...off former charters, committing
...which he urges them to come
...in every stage of these oppressions
...terms; but repeated petitions
...whose character is thus meet
...to be the rule of the people, who
...that the British are more than
...to their former state of
...only in the name of
...of the people.
...Nor have we been wanting
...weaned them from time to time
...decision over these our state
...our constitution, & settlement
...pretensions, that these were
...unassisted by the wealth or
...indeed one of several forms of
...laying a foundation for perpetual
...parliament was no part of our
...credibility, and we appealed to
...of our common kindred to de
...condition of our independence
...of consequence, & when we
...their laws, & remaining firm
...having by their free elections
...are committing their chief
...blood, but Scotch & English
...have given the last stab to
...cause for ever their unfe
...for them, and to hold th
...peace friends we might
...rejection of grandeur, & th
...will have it: the road to
...apart from them.
...of oppression, and
...-society, & the
...Therefore the repres
...of the people, do on th
...project and recall
...hall they who may here
...disobedience, & shall
...sisted laborer, as th
...die day, as well as
...and that as peace
...war concludes peace, an
...acts and things which
...in support of this declarat
...fortunes, & our scars

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First United Church of Christ Newsletter

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...The M. Dear Sam Huntington William
...Edward Rutledge Sam Gofflymer
...Lewis Morris Sam Adams Oliver



Independence Day

In Congress, July 4, 1776

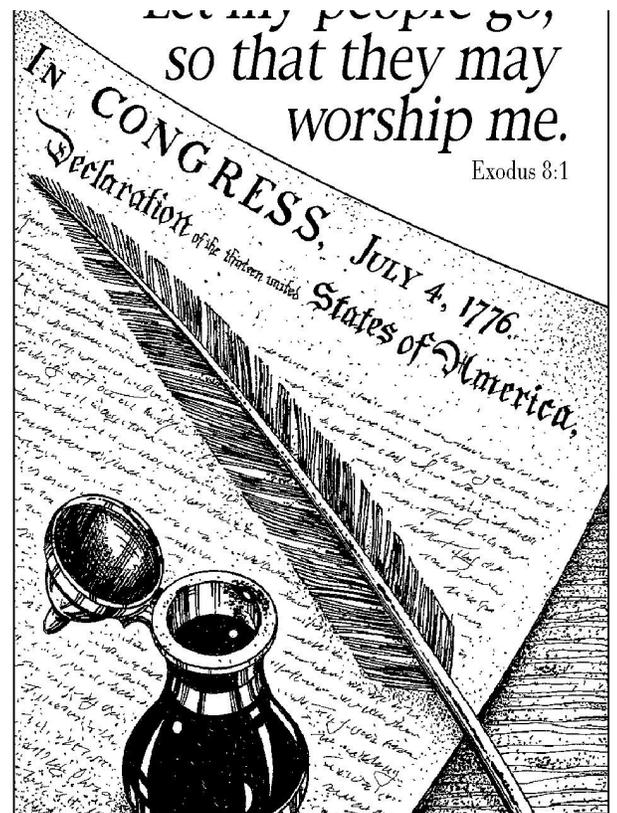
"The unanimous Declaration of the thirteen united States of America, When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.--That to secure these rights,

Governments are instituted among Men, deriving their just powers from the consent of the governed, --That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their

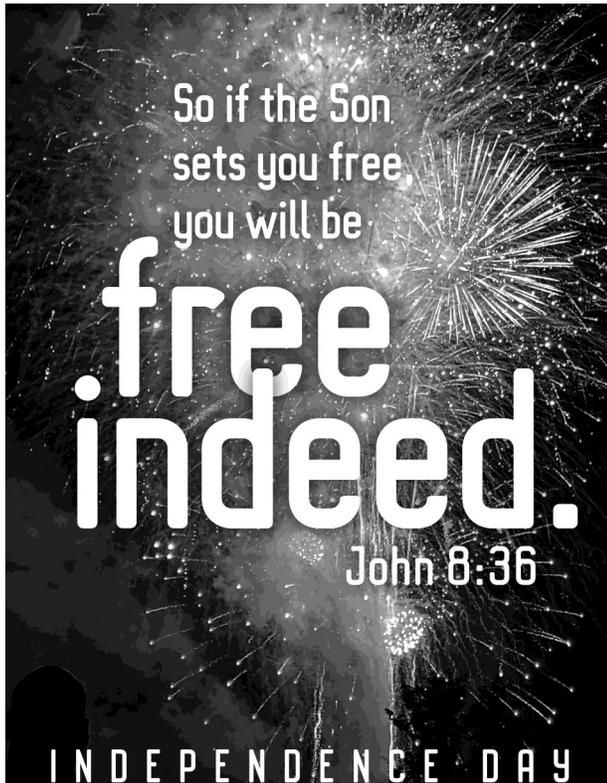
Safety and Happiness. Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. **But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government, and to provide new Guards for their future security.**--

Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government.



The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world..."

"...In every stage of these Oppressions We have Petitioned for Redress in the most humble terms: Our repeated Petitions have been answered only by repeated injury. **A Prince whose character is thus marked by every act which may define a Tyrant, is unfit to be the ruler of a free people.**



Nor have We been wanting in attentions to our British brethren. We have warned them from time to time of attempts by their legislature to extend an unwarrantable jurisdiction over us. We have reminded them of the circumstances of our emigration and settlement here. We have appealed to their native justice and magnanimity, and we have conjured them by the ties of our common kindred to disavow these usurpations, which, would inevitably interrupt our connections and correspondence. **They too have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity, which denounces our Separation, and hold them, as we hold the rest of mankind, Enemies in War, in Peace Friends.**

We, therefore, the Representatives of the united States of America, in General Congress, Assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Colonies, solemnly publish and declare, **That these United Colonies are, and of Right ought to be Free and Independent States; that they are Absolved from all Allegiance to the British Crown, and that all political connection between them and the State of Great Britain, is and ought to be totally dissolved; and that as Free and Independent States, they have full Power to levy War, conclude Peace, contract Alliances, establish Commerce, and to do all other Acts and Things which Independent States may of right do.** And for the support of this Declaration, with a firm reliance on the protection of divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor."

Just as the men, who signed this document in 1776, took a stand to free the United States, Christ took the ultimate stand to free us.



Keep on the Sunny Side

SCRIPTURE STUDY: A DAILY VITAMIN TO GROW AND STRENGTHEN OUR FAITH



DAY ONE: "The Armor of God" -- Ephesians 6:10-18 (NIV)

10: Finally, be strong in the Lord and in his mighty power.

11: Put on the full armor of God, so that you can take your stand against the devil's schemes.

12: For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

13: Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

14: Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place,

15: and with your feet fitted with the readiness that comes from the gospel of peace.

16: In addition to all of this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.

17: Take the helmet of salvation and the sword of the Spirit, which is the word of God.

18: And, pray in the Spirit on all occasions with all kinds of prayers and requests. Be alert and always keep on praying for all the Lord's people.

Reading scripture lifts our spirits and restore our souls.

Begin **Day 1** above reading the "Armor of God" scripture [Ephesians 6:10-18] and after you finish, "sit" with the scripture, meditate, reflect, write in your journal, or hold it in your thoughts as you color in your favorite coloring book. What does this scripture "say" to you? How does this scripture lift your spirits...restore your soul? Does this scripture give you "structure" to guide your day?

For each of the next six days, follow the same process as for Day 1 above. If you are drawn to the same scripture on different days, use the same one. Perhaps, you will use each one of the six scriptures below; or you may be drawn to the same one. Write about your experience in your journal.

SIX "ARMOR OF FAITH" SCRIPTURES FOR REFLECTION:

"The Lord is my rock, my fortress, and my deliverer" [Samuel 22:20].

"The Lord [who] is my strength and my shield; my heart trusts in him; and I am helped. My heart leaps for joy and I will give thanks to him in song" [Psalm 28:7].

"God is able to make all grace abound to you, so that in all things at all times, having all that you need, you will abound in every good work" [II Corinthians 9:8].

"But since we belong to the day, let us be self-controlled, putting on faith and love as a breastplate, and the hope of salvation as a helmet" [I Thessalonians 5:8].

"I wait for the Lord, my whole being waits, and in his Word, I put my hope" [Psalm 130:5].

[GOD:] "You are my hiding place; you will protect me from trouble and surround me with songs of deliverance [Psalm 32:7].

I look forward to hearing your thoughts about this spiritual reflection scripture study. What was your experience doing this daily for one week? How would you change it? Please send me an email: donna@1stuccofcarlisle.org or call me at either my church office: 717-243-2512, Ext. 9 or home: 717-701-0557.

To God Be the Glory....AMEN.

Chaplain Donna

"Slowly is Holy"

This wonderful phrase was said by my colleague and friend, Bhante Soma of the Buddhist Temple across the street from First UCC. In Bhante's recent Saturday meditation, he spoke about patience and said that taking our time in these hot days, coming out of the pandemic, we need to take it slowly. "Slowly is Holy" resonated with me as a Pastor as well. This phrase crosses all faiths and traditions. We all need to remember that in order to embrace God's word and honor God with our prayers... sometimes we need to wait for the answers to come. God's time is different than our time.

Recently I have noticed that patience is short with us humans more than usual lately. I for one, was grateful that the pandemic helped remind me to slow down, and nothing is so important that it cannot wait until the time is right. Jesus reminds us of this in scripture —

"Hot tempers cause arguments, but patience brings peace" -Proverbs 15:18

"Love is patient and kind; it is not jealous or conceited or proud; it is not arrogant"
-1 Corinthians 13:4

"Rejoice in hope, be patient in tribulation, be constant in prayer." -Romans 12:12

—and there are many more scriptures that remind us that patience is at the heart of our faith. The more we rush around, under this illusion that life has to be controlled, timed, scheduled we often forget to take time for ourselves, for our family, or think about others' needs in the larger world.

SO this summer, if you're having too much fun or rushing around, or anxious about what "normal" should look like, take a moment to remember that "Slowly is Holy". God wants us to practice patience so we can better serve this world and those that live in it.

Many blessings and peace to you all!





2021 Graduates Congratulations!



Noah Harrison– Messiah University, BA Christian Ministries

Troy Aaron Bauer– Boiling Springs HS

Chloe Makibbin– Spring Grove HS

Aiden J. McQuillan– Preschool to Kindergarten

Church Events

Theology Pub:

Sunday, July 11th

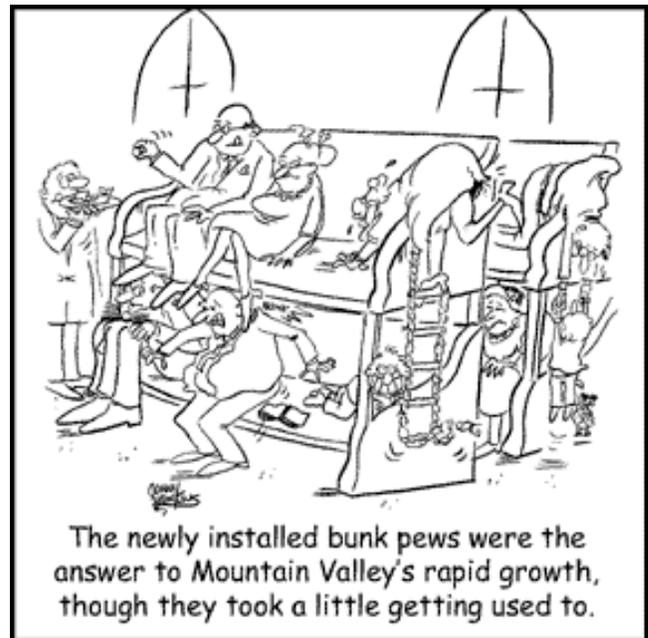
The next **Theology Pub** will occur on **Sunday, July 11th**. **Starting at 4 pm**, people can gather on the **plaza at the church**. Beverages will be supplied, although you are welcome to bring your own. Some snacks will be provided, and people can certainly bring their favorite snack to share. At the last Theology Pub, we discussed the difference between canoodling and noodling, sediments vs slugs, summer travel plans, and any spiritual insights we gathered during the pandemic. Shenanigans are likely to resurface when it comes to Theology Pub. Blessings to one and all, and look forward to seeing you at the next event. [#1ucccarlisle](#)

No Agenda BBQ:

Sunday, July 18th

Hello Folks! It is summer time, and we need to have a BBQ. In the past we have held these events at our house, but, with all that has happened in recent months, we thought a change of location might be good for this summer. So, there will be a **No Agenda BBQ** scheduled for **Sunday, July 18** at **6 pm** on the **church plaza**. Food and drink will be provided. Please bring a chair and a plate and utensils. If it is hot, there are a couple of pop-up tents that the church owns that can be used for shade. It would probably be a good idea if people could bring additional tents or coverings. Looking forward to seeing you at the first No Agenda BBQ in many months. **Please bring a canned item for donation to Project Share.**

Sunday Morning Cartoons



Vaccine Information

Listed below is contact info for our Church members to contact to find out about getting scheduled for a vaccination:

1. Sadler Clinic in Carlisle: contact Jessica Barnett at 717-960-4343
2. UPMC Carlisle 361 Alexander Spring Rd: contact Jennifer Hardsock at 833-299-4358 (this number is for Healthcare workers not employed at UPMC)
3. Quality Care Pharmacy in Carlisle at 1 Sprint Drive: contact Bryan Gobin at 717-323-8230
4. UPMC hotline: 833-724-3258
5. PA. Dept of Health: 877-724-3258
6. Also check the website: PA. Gov, which is the website of the Commonwealth of PA. There is info on getting the vaccine and other important COVID information.

Worship Service Update

***We are open!**

June 28, 2021

To the Members and Family of 1st United Church of Christ
– Carlisle:



Consistory met this Monday, June 28, 2021, and some changes to policies have been made regarding being in the church building. There will continue to be one Sunday worship service starting at 10 am. CE Sunday activities are on summer break until September 12. Consistory determined that starting July 4th, people who have been fully vaccinated do not have to wear masks while in the church building. People who have not been fully vaccinated will still need to wear masks when they are present in the church building. If people are completely vaccinated but wish to continue to wear masks, people may do what makes them feel most comfortable. As we move into these changes, it is expected that everyone will respect one another and their choices. As people of faith, we need to be intentionally loving toward one another and non-judgmental in our actions and words. Consistory also determined that social distancing is still encouraged during worship and events. Bibles can be found in the pews starting July 4th. For now, there will be no congregational singing during Sunday worship. This may change in the fall, depending on the decisions of Consistory. We truly appreciate the continuing patience you have been showing during this difficult and challenging time.

Additional information to be aware of: It was decided by the Property Council and the Consistory in recent meetings that there will only be one open door to gain entrance to the church on Sundays, and that will be the gray parking lot door. Furthermore, this gray door will be locked, once worship begins. There will be a phone number posted on the gray door people can call, if they arrive late for church service. These steps are being taken to further ensure safety and security for people in the building. We ask that you also keep these steps in mind when attending church on Sunday.

Virtual worship options are continuing to be available, in addition to in-person worship. Services will continue to be livestreamed on Sundays at 10 am on Pastor Chris's Facebook page. There will continue to be a teleconferencing option for people who do not use computers (Uber teleconference - call 717-297-0493 to listen to worship service as it happens). The Sunday worship can also be found on the Church's Facebook page, the Church's website (www.lucc.org), and on Youtube.com (type in First United Church of Christ – Carlisle to find videos). Please note, Pastor Chris's Facebook page is where it is livestreamed. Once the worship is concluded, it is then copied to the church website, YouTube, and the church's Facebook page. This process of sharing the worship to the other internet locations will likely occur within an hour or two after worship.

Grace and Peace to one and all,

Michael Coulson, President 717-574-4595
Pat Frey, Vice President 717-249-7528
Gail Havens, Secretary 717-249-5198
Susan Stott, Treasurer 717-701-1120
Pastor Chris Schwab 717-422-8543



COVID-19 UPDATES



Summary of 1st UCC – Carlisle reopening progress (7/1/2021)

Note: Procedure may be modified depending on COVID numbers and circumstances.

First UCC has been working diligently to prepare for reopening and to follow CDC guidelines to do this safely during this pandemic. We have formed a subcommittee of church members to address this problem and have developed a protocol that will hopefully allow all of us to return to our Sanctuary and resume our previous activities by way of the “new norm” relatively soon. We wish to summarize our progress with these newly developed guidelines below:

1. Anyone with a cough or fever or has been around someone with Covid19 is asked to watch the service from home by streaming or other means as is available on the Church website. Worship is available virtually (livestreamed on Pastor Chris’ Facebook page and downloaded video on church website (www.1ucc.org), Youtube.com, and the Church’s Facebook page.
2. All congregation members who have not been fully vaccinated should come prepared to wear a mask during the service. Those without a mask will be given one at the door. The mask should cover their mouth and nose. All congregation members who have been fully vaccinated are not required to wear a mask.
3. We ask that all Church attendees practice safe-distancing during the service (at least 6 feet apart), except family members coming together. Every other pew will be closed, and our ushers will seat you conforming to these distancing guidelines.
4. All members will come into our Church by the parking lot door only and will be greeted there by ushers.
5. You will be shown into the Church and will be allowed entry by one door only. An usher in the Sanctuary will give you a bulletin and seat you. The balcony can be available for seating when there is overflow. People will be encouraged to sit in the main pew area of the sanctuary first.
6. We strongly discourage any greeting by handshake and suggest greeting by safe social distancing.
7. Pastor Chris will give the Service and read the scripture.
8. There will be no singing (possible spread of the virus), but there will be organ music by Sharon and Bibles will return to the pews starting July 4th.
9. After the service there will be dismissal by row—starting at the back. Pastor Chris, out of a concern for safety for all, will not be greeting congregants afterwards.
10. We discourage close social gathering afterwards in the Church or parking lot.
11. Cleaning and sanitizing related to both elevator use and bathroom use will be provided to you.
12. The Church will be cleaned and sanitized in the days before each Church service.
13. For those overflow congregants who do not have a seat in the Sanctuary or balcony—Fellowship Hall is available to listen to and/or view the Service.
14. Please note that for all building usage and visiting the church building beyond worship, social distancing and wearing masks (if you are not fully vaccinated) will be required.



Church Update

Council Meetings

Consistory– 3rd Monday Every Month

Church & Ministry- 1st Monday Every Month

Advisory– Quarterly

Caring Fellowship– 2nd Tuesday Every Month

Christian Ed– 1st Sunday Every Month

Church & Community Connections– 2nd Tuesday Every Month

Property Management– 4th Wednesday Every Month

Stewardship– 2nd Wednesday Every Other Month

Special Mission– Project Share “Fill the Bus” Project

*Whether it’s over Zoom or small, social-distanced meetings in person, 1st UCC is still working to move forward during COVID.

*You can find all council reports on the church website (www.1ucc.org). If you would like a copy, please email Lyndsey (Lyndsey@1stuccofcarlisle.org).

Project Share and Community CARES Collections

Don’t Forget!

Project Share (Spaghetti and Sauce) and Community CARES (Ramen noodles) collections!

♦ On the first Wednesday of every month from **10 am – noon**, there will be a table at the parking lot door of the church where **Project Share** donations can be dropped off (or handed to a volunteer). This is the day when we will receive packets of Spaghetti and Spaghetti Sauce for the organization.

♦ On the second Wednesday of every month from **10 am – noon**, there will be a table at the parking lot door of the church where **Community CARES** donations can be dropped off (or handed to a volunteer). This is the day when we will receive packets of Ramen noodles for the organization.



A BIG THANK YOU

Thank you to everyone who participated in the Personal Care Drive! It was such a great experience and I hope all of you were blessed by this outreach opportunity! We gave away approximately 50 kits and all of our extra supplies were donated to Community CARES. Stay tuned for our Summer Project...

BRING YOUR GOOD, USED CLOTHING, PURSES, AND SHOES TO CHURCH TO BENEFIT PROJECT SHARE

First United Church of Christ is now collecting good used clothing, purses, and shoes year-round to benefit the community and our Community Aid Partner, Project Share.

A **Community Aid Donation Cart** has been placed in the church hallway across from the Church Office for donations. Donations may be made at any time the church is open.

Please bring your donations of clothing for men, women, and children of all ages and sizes. All types of clothing are needed, including coats, hats, gloves, scarves, shirts, sweaters, pants, dresses, skirts, underwear, diapers, handbags, socks, and shoes.

Please put your donations in plastic bags if possible, with shoes and clothing in separate plastic bags. Bags will also be available near the cart. Your donations are tax-deductible, and receipts are available in the Church Office.

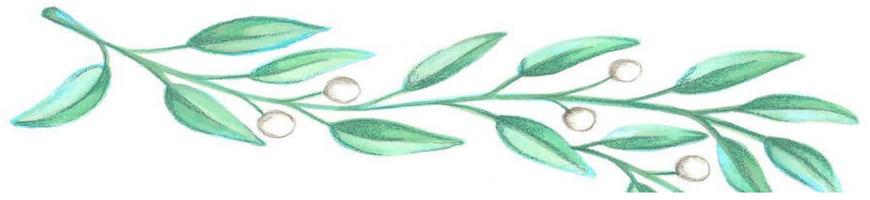
Donating good, used clothes is a great way to earn money for Project Share, while also helping our community and the environment. Community Aid helps the community by training employees, providing jobs, and selling affordably priced, useful items at their Community Aid Thrift Stores.

Each donation of clothing earns \$.04 per pound for Project Share. A filled cart earns approximately \$12. Our cart will be picked up on a regular basis by Community Aid, so all we have to do is "FILL 'ER UP"!

Our cart is ONLY for clothing, shoes, and purses. If you wish to donate other items, you may take them to the local Community Aid Thrift Store - 4833 Carlisle Pike, Mechanicsburg. Please let them know that you are a member of First UCC's Project Share partnership. Ask them to credit **Project Share Partner Number # 10166**, so those donations will count, too. Receipts are available upon request.

Questions? Contact Susan Coulson 717-580-8063 or sccoulson@comcast.net; or Lyndsey Wilston in the Church Office 717-243-2512 or





"8 Ways to Green Fourth of July." Earthg11, 17 Feb. 2021, earthg11.com/home-garden/8-ways-to-green-fourth-of-july-2/.



Earth Stewards

July Tip of the Month

1. Ditch the Disposable Party Ware

Try the "bring your own plate" theme? An added bonus: Turn it into a plate swap: Bring your own plate and leave with a different one.

What about reusable bamboo sporks, travel sets, or reusable straws that your guests can take home. Use it for the meal and send them on their way with an eco-friendly gift!

2. Use Propane for Grilling

According to the study, "the overwhelming factors are that as a fuel, LPG (liquefied petroleum gas) is dramatically more efficient than charcoal in its production and considerably more efficient in cooking."

3. Opt for Greener Fireworks

If you're setting off your own fireworks this year, be sure to ask for fireworks rich in nitrogen. They often cost a bit more but produce less acrid smoke in the environment.

4. Use Large Water Containers

In lieu of individual plastic bottles, store water for your family or guests in large containers so they can re-fill their reusable water bottles or cups.

5. Reduce, Reuse, and Recycle

Be sure to put out clearly marked recycling containers at your party.

Have an Earth Stewards Tip to SHARE? Email: sccoulson@comcast.net or text or call 717-580-8063. Let's ALL WORK TOGETHER to help the Planet!



Church Activities Update

Book Chat News - Our Book Chat group met virtually during the pandemic for book discussion and fellowship, via Zoom meetings on our home computers. Thanks to our tech-savvy members who helped us to accomplish this: Michelle Brode, Laura Gish, Pastor Rachel Schwab, Amy Shultz and Lori Smeigh.

Through the technology of

Zoom, we were joined for some book discussions by Janet Adams, a former member of both Book Chat and First UCC, from her home in Maine!

We all agreed many times during the pandemic that it was a real blessing for our Book Chat group to be able to continue to meet via our computer screens for book discussions and fellowship, when so many other aspects of our lives had changed. We have recently returned to in-person meetings, observing Covid-19 safety protocol.

Lori Smeigh signed our group up for a free online membership to Book Clubz. On this website, we can catalogue the books we have read, add our own reviews and ratings, and add book titles we are interested in reading in the future. Thanks, Lori!

Our Book Chat group voted for our next ten books, and we are currently reading The Station-



If there are any other groups currently meeting and would like to update the congregation, please send Lyndsey an email (Lyndsey@1stuccofcarlisle.org) with a summary and it will be included in the next newsletter.